



Building a Teacher's Toolbox  
Volume 1, Issue 2  
June 12, 2009

Prepared by:  
Robin C. Letendre, M. Ed.  
Reading Specialist  
Learning Disabilities Consultant

I have been in the process in the last few weeks of putting the finishing touches on a mini-grant that I have been working on: Ice Breakers.

I decided to include one of the more extensive ice breakers in this newsletter. This is a fun activity to store in your toolbox to pull out in September or at any point in the school year when you have new students.

It is a fascinating tool to use on yourself as well as with your students. (I tried it on myself, and it was accurate. I plan on using this in September to see what people think of themselves and how they see themselves.)

I wish you all a wonderful beginning of summer.

## Personality Test

### **Objectives**

This test helps organizations and managers to get better insight concerning their employees and prospective employees.

### **Group Size**

Small

Medium

Large

### **Materials**

Pen and Paper

### **Set Up**

None

### **Directions**

Answers are for who you are now..... not who you were in the past. Have pen or pencil and paper ready. It's only 10 simple questions, so..... grab a pencil and paper; keep track of your letter answers. Number your paper 1 to 10 first.

1. When do you feel at your best? a) In the morning  
B) during the afternoon and early evening c) Late at night

2. You usually walk..... a) Fairly fast, with long steps  
b) Fairly fast, with little steps c) Less fast head up, looking the world in the face  
d) Less fast, head down e) Very slowly

3. When talking to people, you... a) Stand with your arms folded b) Have your hands clasped c) Have one or both your hands on your hips or in pockets d) Touch or push the person to whom you are talking e) Play with your ear, touch your chin or smooth your hair

4. When relaxing, you sit with... a) Your knees bent with your legs neatly side by side b) Your legs crossed c) Your legs stretched out or straight d) One leg curled under you

5. When something really amuses you, you react with... a) A big appreciated laugh b) A laugh, but not a loud one c) A quiet chuckle d) A sheepish smile

6. When you go to a party or social gathering, you... a) Make a loud entrance so everyone notices you b) Make a quiet entrance, looking around for someone you know c) Make the quietest entrance, trying to stay unnoticed

7. When you're working or concentrating very hard, and you're interrupted, you... a) Welcome the break b) Feel extremely irritated c) Vary between these two extremes

8. Which of the following colors do you like most? a) Red or orange b) Black c) Yellow or light blue d) Green e) Dark blue or purple f) White g) Brown or grey

9. When you are in bed at night, in those last few moments before going to sleep, you lay... a) Stretched out on your back b) Stretched out face down on your stomach c) On your side, slightly curled d) With your head on one arm e) With your head under the covers

10. You often dream that you are... a) Falling b) Fighting or struggling c) Searching for something or somebody d) Flying or floating e) You usually have dreamless sleep f) Your dreams are always pleasant

POINTS:

1. (a) 2 (b) 4 (c) 6

2. (a) 6 b) 4 (c) 7 (d) 2 (e) 1

3. (a) 4 (b) 2 (c) 5 (d) 7 (e) 6

4. (a) 4 (b) 6 (c) 2 (d) 1

5. (a) 6 (b) 4 (c) 3 (d) 5 (e) 2

6. (a) 6 (b) 4 (c) 2

7. (a) 6 (b) 2 (c) 4

8. (a) 6 (b) 7 (c) 5 (d) 4 (e) 3 (f) 2 (g) 1

9. (a) 7 (b) 6 (c) 4 (d) 2 (e) 1

10. (a) 4 (b) 2 (c) 3 (d) 5 (e) 6 (f) 1

Now add up the total number of points.

**Debrief**

OVER 60 POINTS Others see you as someone they should 'handle with care.' You're seen as vain, self-centered and one who is extremely domineering. Others may admire you, wishing they could be more like you, but don't always trust you, hesitating to become too deeply involved with you.

51 TO 60 POINTS Others see you as an exciting, highly volatile, rather impulsive personality; a

natural leader, one who's quick to make decisions, though not always the right ones. They see you as bold and adventuresome, someone who will try anything once; someone who takes chances and enjoys an adventure. They enjoy being in your company because of the excitement you radiate.

41 TO 50 POINTS Others see you as fresh, lively, charming, amusing, practical and always interesting; someone who's constantly in the centre of attention, but sufficiently well-balanced not to let it go to their head. They also see you as kind, considerate, and understanding; someone who'll always cheer them up and help them out.

31 TO 40 POINTS Others see you as sensible, cautious, careful and practical. They see you as clever, gifted, or talented, but modest. Not a person who makes friends too quickly or easily, but someone who's extremely loyal to friends you do make and who expect the same loyalty in return. Those who really get to know you realize it takes a lot to shake your trust in your friends, but equally that it takes you a long time to get over it if that trust is ever broken.

1 TO 30 POINTS Your friends see you as painstaking and fussy. They see you as very cautious, extremely careful, a slow and steady plodder. It would really surprise them if you ever did something impulsively or on the spur of the moment, expecting you to examine everything carefully from every angle and then usually decide against it. They think this reaction is caused partly by your careful nature.

<http://www.teampedia.net/wiki/index.php?title=Category:Icebreakers/Warmups>